

ACTIVITY

A FAVORITE FAMILY DISH

Name _____

Date _____

Ask a parent about one of your family's favorite, homemade dishes. It can be a meal your family makes for special occasions or a quick and easy dish that makes a regular appearance on your family's dinner menu. If you attach the recipe for the dish to this page (or in an email), we will include it in our classroom cookbook. Those who wish to present their dish to the class may bring small samples or a poster with photos, drawings and other information about their favorite family meal.

1. What is the name of this dish? _____

2. Where did the recipe come from? _____

3. What are the main ingredients of this dish?

4. Where do the main ingredients come from?

5. Do any of these ingredients grow in our area? If so, what is their harvest season?

6. Who prepares this meal in your home? Do you help the chef? _____

7. Is there a story or tradition connected to this food?

8. Is this food linked to a particular ethnic or cultural heritage? _____